

SOFI LAMBERT

5'7", 135 lbs, Brown hair, Brown eyes, Bilingual (French/English), UDA

FILM & TELEVISION

True stories from a fake reality	Rachel (principal)	Rafael Ballesteros/ NYU (Short)
Business	Helen (principal)	NY Film Academy (Short)
Dyslogy	Nina (Lead)	Sean Manzion/ NYU (Short)
Sam & Doris	Sam (Lead)	NY Film Academy (Short)
Hesitation	LeAnn (Lead)	NY Film Academy (Short)
30 Rock	Celebrity on the Red Carpet	Don Scardino/ NBC
The art of the Stillness	Suzie	Chelsea Owen/ Concordia (Short)
Service in action	Cathy (actor)	Éduc Alcool / Prod. Artis Communication
Tout sur moi	Waitress (actor)	Stéphane Lapointe/ Productions Trio
Auberge du chien noir	Client (actor)	Prod. Radio-Canada
Bye Bye avec RBO : Sketch C.A.	"Isabelle Blais" (principal)	Stéphane Lapointe/ Radio-Canada
Minuit le soir III	Client (actor)	Podz/ Prod. Zone 3
Une pilule, une petite granule	Opening credits (actor)	Prod. Téléfiction
Virginie	Student (actor)	Laurent Craig/ Prod. Aetios
Manifeste-toi	Psychologist (lead)	Lawrence Côté-Collins (Docu-fiction)
Le polygraphe	Waitress (actor)	Robert Lepage

THEATRE

Sortilèges, sorcelleries et autres somettes	Various roles	Estelle Richard/ tournée Leclerc
Autour de ma pierre il ne fera pas nuit	Dolores (supporting)	J.-F. Poirier/ Monument National
Labyrinthe	Déesse (principal)	Carl Poliquin/ Site extérieur
Maudit BBQ	Elisha Pearson (lead)	Stéphane Vigeant/ Summer play
Labyrinthe	La Saltimbanque (principal)	Carl Poliquin/ Site extérieur
Les quatre morts de Marie	Simone & Sylvette (supp.)	J.F. Poirier/ Espace Geordie
Elsemeur	Mlle Renée (principal)	Luc St-Jean/ Salle Fred-Barry
L'Hiver de force	Petit Pois (lead)	A.Lemarbre/ Tournée + Espace Geordie

COMMERCIALS

List available upon request

FORMATION

Acting workshop with Tom Todoroff – New York USA

Acting workshop with Jack Waltzer (Actor Studio) – Intensive Workshop in New York USA

Acting workshop with Jack Waltzer (Actor Studio) – Intensive Workshop in London UK

Meisner Technique – With Jacqueline McClintock (Intro + class A + B) - Intermediate

René Gagnon – Private voice coaching for radio and tv commercials

Jean-Pierre Bergeron – Workshop : Acting on camera

Danielle Fichaud – Training in : Interpretation, acting on camera and script analysis

Voice workshop – With René Gagnon at Danielle Fichaud's school

APTITUDES & INTERESTS

Kick-boxing (fighting/training with Charles Ali Nestor), Dance: Classic ballet et Jazz (4 years), martial arts, yoga, excellent swimmer (national lifeguard), painter (many shows)

Accents : French canadian, Parisien French, American Standard and British.

Agence artistique Facteur X Factor Talent Agency

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